

Mammography and Examinations by a Physician

Breast cancer affects almost as many women in their forties as it does women fifty and over. As a result, the American Cancer Society has revised its screening guidelines. The current recommendations are:

Yearly mammograms are recommended starting at age 40 and continuing for as long as a woman is in good health.

Women at high risk should get an MRI and a mammogram every year. Women at moderately increased risk should talk with their doctors about the benefits and limitations of adding MRI screening to their yearly mammogram.



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